

PARENT TRAINING

Food Selectivity

Sure, you can have more veggies: Using a positive behavioral approach to decrease non-preferred foods and expand flexibility in eating.

This training is designed to help parents that have children who are very selective eaters, have a limited preference of foods, and experience difficult behaviors or non-cooperation when introducing non-preferred “healthy” foods. We will review a systematic way to re-experience what eating should look, sound, smell and be like...fun.

Presenters Efrain Gonzalez, ABA Case Supervisor

Date December 7, 2023

Time 5:30 pm

Location Virtual Presentation

Please RSVP to Jennifer Cox at jcox@gaselpa.org. A Zoom link will be provided after registration.

