



Greater Anaheim SELPA presents

## Supporting Social Emotional Learning

Social-emotional learning (SEL) is the process of developing the skills needed to understand and manage emotions, set positive goals, show empathy for others, and build relationships. This training will focus on strategies to support student's social and emotional needs by covering topics such as anxiety and withdrawal. The training also includes community resource connections to help support the social-emotional needs of children.

### Presenters

Brandon Bishop and Lauryn Perez, Program Specialists

### Date

Tuesday, February 3, 2026

### Time

5:30pm – 6:45pm

### Location

5816 Corporate Ave, Room 190, Cypress, CA 90630

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Please RSVP to Jennifer Cox  
[jcox@gaselpa.org](mailto:jcox@gaselpa.org)

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